

"Turning a passion for creating culinary magic into convenience for busy families and others who love great food"







MENUS FOR WEEK OF 7 OCTOBER 2019— F <i>A</i>	MIL	.У
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Delivery time requested: 4:00-4:45____4:45-5:30___5:30-6:15____DELIVER MONDAHY

Choose one soup <u>or</u> salad per family member per night by entering the total quantity in the box:

- Matzo Ball Soup
- Butternut Squash Soup
- Israeli Salad
- Black bean, corn and edamame salad
- Kale salad with apple and toasted almonds

Choose one entrée per family member per night by entering the total quantity in the box:

- Baked Cod with garlic, shallots and herbs
- Kung Pao Chicken
- Honey Mustard Panko breaded chicken tenders
- Greek Marinated Lemon Chicken
- Asian Marinated Flank Steak
- Sweet and Sour Meatballs
- Whole wheat Spinach lasagna

Choose two side dishes per family member per night by entering the total quantity in the box:

- Stuffed Zucchini Boats
- Roasted Broccoli
- Roasted Green beans with garlic & lemon
- Lemony Cauliflower Rice
- Roasted Butternut Squash Risotto
- Quinoa cakes w/ feta, sundried tomato & spin
- Roasted Sweet Potato
- 3 Cheese Mac and Cheese bites

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